

Main thematic	Ethics	Fablab	Initiation X	Intercultural	Research	Transition
Title	Positive Psychology					
Duration, in days	2					
Number of students	25					
Location	SMH	Polytech	Viallet	Presqu'île	Valence	
	X	X	X	X		
Activity open to all the students ?	YES					
Educational format	Workshop					
Objectives <i>(4 lines), calibri 11</i>	Discover what positive psychology is with theories and practices.					
Description <i>(7 lines max), calibri 11</i>	<p>Discover positive psychology through theory and practice.</p> <ul style="list-style-type: none"> - Discover yourself - Explore what can help you move forward. - There will be positive psychology activities and theoretical explanations. <p>Among other things, you'll discover character strengths, emotional intelligence and growth mindset.</p> <ul style="list-style-type: none"> - The module is experiential, interactive and collaborative. 					